



## INTERNATIONAL TRAINING PROGRAMME IN GERONTOLOGY AND GERIATRICS

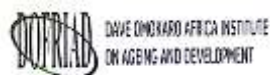


INTERNATIONAL INSTITUTE ON AGEING UNITED NATIONS -MALTA

*In Collaboration with*

THE DAVE OMOKARO FOUNDATION (DOF)

JUNE 24-28 2019 ABUJA, NIGERIA



### PREAMBLE

Nigeria's population of persons aged 60+ is growing very fast in spite of its huge young population. In 2018, Nigeria was home to about 10 million older persons. At a growth rate of 3.2%, the increase is projected to reach 28.9 million in 2050 (NPopC 2013). With increasing age and longevity, the risk of chronic diseases rises along with age related disabilities and dependency. Also heightened, are psycho-social and economic concerns of the growing population of older persons and family care givers. Consequently there are new demands on the health system, and a need, for education and training in the field of ageing.

The International Institute of Ageing United Nations –Malta in partnership with the Dave Omokaro Foundation is holding the annual –in-situ training program in Gerontology and Geriatrics

**Date:** June 24-28 2019.

**Venue:** 3J's Hotel, Jabi District, Abuja, Nigeria

**Time:** 9:00am Prompt

### TARGET PARTICIPANTS

The Course is designed for Medical and Para-medical practitioners/personnel from health and allied disciplines: doctors, nurses, physiotherapists, dieticians, social workers, pharmacists, and psychologists, occupational and recreational therapists. Also Insurance personnel, personal care attendants and health oriented NGOs monitoring SDGs Goals 1-5

### COST

The cost for each participant is #70, 000 (Seventy Thousand Naira) only or \$195, which covers tuition, course materials, tea break, packed lunch daily for the duration of the program, DVD/CDs of lectures, Site visit and group photograph with INIA instructors.

**Promotional Offer:** 20% discount or #50,000 per participant for

(i) Early bird registration from 30<sup>th</sup> March to 30<sup>th</sup> April 2019

(ii) Organizations that sponsor 5 or more participants.

(iii) Limited scholarships available.

**Payment:** All payments should be made to

Account Name: **DAVE OMOKARO FOUNDATION**, Bank Name: **ZENITH BANK**, Account Number: **1012598879**, Sort Code: **057150291**

\*Confirmation of payment should be forwarded to [dofriadinstituteafrik@gmail.com](mailto:dofriadinstituteafrik@gmail.com), copy [firstdavem@yahoo.com](mailto:firstdavem@yahoo.com) to secure your slot(s).

### TRAINING COURSE CONTENT:

#### Basics of Gerontology

- ❖ Physiology of Ageing: Building Resilience through Responsive Primary and Community Care
- ❖ Realities of Geriatric Care; Setting Agenda for Interdisciplinary Team Approach to All Inclusive Care of Older Persons
- ❖ Financing Geriatric Care: Smart Policies and Sustainable Business Model in Elder Care Management

#### Long-Term Care Provisions for Older Persons

- ❖ Comprehensive Geriatric Assessment
- ❖ End-of-life, Palliative Care and Older Persons' Rights to Autonomy and Legal Capacity

#### Management of Morbidity and Mortality

- ❖ Memory problems, Dementia and Care Giving
- ❖ Management of Falls and Urinary Incontinence

#### Compassionate and Holistic Care

- ❖ Family & Lifestyle management in the Elderly
- ❖ Coping with old age, Care Giving and Care Givers' Burden

#### Research and Policies for Ageing and Health in Nigeria

- ❖ The National Senior Citizens Centre Act: Interpretation and Framework for Implementation
- ❖ Productive Ageing and Age friendly Communities

Application form can be accessed online @ [www.thedaveomokarofoundation.org](http://www.thedaveomokarofoundation.org)

Contact: +2348037242629, [firstdavem@yahoo.com](mailto:firstdavem@yahoo.com), [dofriadinstituteafrik@gmail.com](mailto:dofriadinstituteafrik@gmail.com) for more information.